



#### TERMS & CONDITIONS

1. Membership cards must be carried at all times. When signing in please leave your card at reception and collect on departure.
2. The membership cannot be used by anyone other than the registered member.  
If you wish to bring guests they will be charged casual prices.
3. The following are not permitted:  
Any activities that cause nuisance or annoyance to other club members or hotel guests.  
Any actions that may affect the safety of club members or the children of club members and hotel guests.  
Any club member not supervising children that have been introduced or brought to any part of the health club by themselves.  
The consumption of alcohol by anyone using the Health Club facilities.  
Children in The Hothouse/Haven reception area.
4. Safety:  
Persons under the age of 16 are not permitted to use The Hothouse facilities (aerobic/studio/gym).  
Persons under 16 are not permitted to use the sauna, steam room or plunge pool.  
There is no lifeguard on duty in the pool area, members and guests using the pool do so at their own risk.  
All members using the pool must be competent swimmers ie: Be able to swim 25 metres and tread water for 30 seconds.  
Members must ensure that children are always directly supervised whilst using the swimming pool and health suite facilities.  
The responsibility for their safe conduct resides with the members individually.  
Please read signs when using the health suite (plunge pool/steam room/sauna).  
All members and guests using the pool must adhere to the swimming pool restrictions posted in the pool area.  
The proprietors will accept no responsibility in respect of death or injury sustained by members or their children or other invitees or any loss or damage to property.
5. The Proprietor reserves the right:  
To forbid entry to members to any part of the Health Club usually available to members.  
To close the whole or part of the Health Club usually available to members with no refund of membership subscription.  
To change the opening hours at any time.

#### Opening times

Monday - Friday 9am-8pm Saturday - Sunday 10am-6pm

**Adult only Swimming:** 5.00 - 6.00pm daily

**Gym closed 6.30pm - 8.00pm every Wednesday**



The Woolacombe Bay Hotel

The Hothouse, ★★★★★  
The Woolacombe Bay Hotel, Woolacombe, Devon EX34 7BN  
Telephone: (01271) 872102  
Email: [enquiries@woolacombebayhotel.co.uk](mailto:enquiries@woolacombebayhotel.co.uk)  
[woolacombebayhotel.co.uk](http://woolacombebayhotel.co.uk)



The Hothouse  
at  
The Woolacombe Bay Hotel

# The Hothouse at The Woolacombe Bay Hotel



## Application Form



The Hothouse Health Club situated within The Woolacombe Bay Hotel has an unrivalled setting with luxury Country Club facilities.

Discreet and relaxed with a limited membership to maintain exclusivity.

Several different membership options are available to suit your individual requirements - a personal trainer to devise your tailor made routine, cross trainers, weight bearing equipment, traverse climbing wall, indoor heated swimming pool and health suite, squash courts and floodlit tennis courts.

## The Haven Spa

"The Haven Spa" is a sanctuary of relaxation . . .

The Haven Spa has an extensive range of more than 40 specialised treatments and is open to Hotel guests, club members and non-residents.

A large selection of treatments and massages are available with a special recommendation for our own 'Woolacombe Bay Aroma Massage' and for the specialised sports massage which play a fundamental part in inducing a feeling of well being.

We have three dedicated treatment rooms where therapists specialise in beautiful exotic Elemis signature treatments for both ladies and gentlemen.

To book please call The Haven Spa on 01271 872102.

### GOLD MEMBERSHIP £260.00 (10 1/2 months)

This is our most competitive membership available

Equivalent to £26.00 per month with 2 weeks free and no joining fee!

#### Membership includes:

- Indoor heated Pool\*\*
- Health Suite - plunge pool, steam room, sauna
- Fully equipped gym
- Squash courts
- Day classes
- Tennis\*
- 2 hours free parking\*
- Paddling pool
- £1.00 admittance to our overflow car park during July & August
- 10% off Haven Spa treatments

### 3 MONTH GOLD MEMBERSHIP £90.00

#### Membership includes:

- Indoor heated pool\*\*
- Health Suite - plunge pool, steam room, sauna
- Fully equipped gym
- Squash courts
- Day classes
- Tennis\*
- 2 hours free parking\*
- Paddling pool
- £1.00 admittance to our overflow car park during July & August
- 10% off Haven Spa treatments

### THE HOTHOUSE CORPORATE MEMBERSHIP 12 Month Membership £150.00 (Per Person)

#### Membership includes:

- Indoor heated pool\*\*
- Health Suite - plunge pool, steam room, sauna
- Fully equipped gym
- Squash courts
- Day classes
- 2 hours free parking\*
- Paddling pool
- £1.00 admittance to our overflow car park during July & August
- 10% off Haven Spa treatments

#### Conditions

- All memberships are by application only
- Corporate memberships are only available to recognised institutes and local businesses ie: WI, Fire Brigade, Police Force etc.
- All members must take an active part or be a current employee (Not partners)
- Minimum of 8 people
- Payment for the whole group must be received at the same time. Membership cards will not be issued until everyone has paid in full.
- It is at the manager's discretion to give corporate memberships, proof may be required.
- Please note that corporate memberships do not include tennis or the outdoor pool. Any member found using these facilities will have their membership terminated.

### SENIOR GOLD MEMBERSHIP £160.00 (10 1/2 months)

Only £16.00 per month with 2 weeks free and no joining fee!

#### Membership includes:

- Indoor heated pool\*\*
- Health Suite - plunge pool, steam room, sauna
- Fully equipped gym

- Squash courts
- Day classes
- Tennis\*
- 2 hours free parking\*
- Paddling pool
- £1.00 admittance to our overflow car park during July & August
- 10% off Haven Spa treatments

### MONTHLY MEMBERSHIP £40.00

#### Membership includes:

- Indoor heated pool
- Health Suite - plunge pool, steam room, sauna
- Fully equipped gym
- Squash courts

\*Not available July and August

\*\*Children under 5 related to members are welcome to use the indoor heated pool

### CASUAL PRICES

- Swim (includes: steam room, sauna and plunge pool) .....£5.00
- Children's swim (under 8) .....£2.50
- Gym .....£4.50
- Gym & swim .....£7.00
- Aerobics class .....£4.50
- Aquafit .....£3.50
- Yoga .....£5.00
- Squash .....40mins: £5.00

- Creche (Must be pre-booked) only available to members .....£2.50

MEMBERSHIP NUMBER: .....(office only)

#### TYPE OF MEMBERSHIP REQUIRED:

GOLD MEMBERSHIP	£260.00	<input type="checkbox"/>
3 MONTH GOLD MEMBERSHIP	£90.00	<input type="checkbox"/>
SENIOR GOLD MEMBERSHIP	£160.00	<input type="checkbox"/>
CORPORATE MEMBERSHIP (Per Person)	£150.00	<input type="checkbox"/>
MONTHLY	£40.00	<input type="checkbox"/>

Members may bring in guests to use the facilities and pay on a casual basis.

#### PLEASE COMPLETE THIS FORM IN BLOCK LETTERS

Forename(s): .....

Surname: .....

Address: .....

.....

.....Postcode: .....

Telephone no: .....Email: .....

Contact number in case of emergency: .....

Car Registration no: .....

Free car parking excludes July & August

Please attach a passport size photo

#### PLEASE COMPLETE THE FOLLOWING:

Health Check	(please tick)	Yes	No
Date of birth:			
Have you had a recent health check?			
Have you ever suffered from a serious illness?			
Have you recently been admitted to hospital?			
Do you require medication for asthma, heart problems etc?			
If you have answered yes to any of these questions please give details:			

I agree to observe the conditions of membership and The Hothouse rules as set out, which will, upon acceptance of this application constitute the basis of a contract between myself and Lancaster Leisure Group Ltd. I hereby apply for membership of The Hothouse.

I have had/declined a gym induction

I have read and fully understand which facilities are included and not included in my membership

Signed:.....Date: .....